THE MANHATTANVILLE COLLEGE
Student Counseling Center

Individual Psychotherapy
Group Psychotherapy
Crisis Intervention
Psychiatric Evaluation

914-323-5155
STAFF

The Counseling Center staff consists of psychologists, psychiatrists, and individuals with advanced training and clinical experience working with young adults.

PSYCHOTHERAPY

The Counseling Center offers psychotherapy counseling to students. Psychotherapy involves a professional relationship between a clinician and an individual. In psychotherapy, an objective professional will discuss issues and concerns affecting individuals. These issues may include relationship problems, academic difficulties, drug/alcohol problems, sexual issues, frequent sadness, worries, or concerns about self or body image.

CONFIDENTIALITY

Counseling sessions are kept entirely confidential, unless individuals pose a danger to themselves or others. In these circumstances, safety becomes the priority and other individuals may need to be notified.

Your written consent is required prior to a counselor having contact with anyone regarding treatment.

SERVICES AVAILABLE

The Counseling Center offers the following comprehensive clinical services to the students of Manhattanville College:

- Individual psychotherapy
- Couples therapy
- Family counseling
- Group psychotherapy
- Consultations
- Assessments
- Psychiatric evaluations
- Crisis intervention
- Referrals

THERAPY SESSIONS

There is no session limit for a student’s treatment in the Counseling Center. Students may take advantage of any number of services provided by the Counseling Center.

COST

Services provided by the Counseling Center are free of charge to all full-time undergraduate students of Manhattanville College.

REFERRALS

Faculty, resident assistants, resident directors, and staff members can refer students to the Counseling Center.

There is a yellow referral form located in the Counseling Center and in other departments on campus. Referral sources can complete and send the form to the Counseling Center or complete the form online. The referral form provides us with an understanding of a specific area of concern and provides pertinent data.

Students should always be aware of his or her referral to the Counseling Center and should visit or call the office to schedule an appointment.

Students who refer other students to the Counseling Center do not need to complete a referral form.

LOCATION & HOURS

The Counseling Center is located in suite G-29 on the first floor of Founders Hall.

Counselors are available Monday through Thursday 9am to 8pm and Fridays 9am to 5pm.

Any changes to the scheduled hours are posted on the front door of the Counseling Center.

In the case of an emergency, please call your resident assistant, resident director, or campus security (x888).

CONTACT INFORMATION

Counseling Center: 914-323-5155